



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

The Common of the Blessed Virgin Mary - Alleluia Verse and Verse before the Gospel

Lectionary: 711: Lk 1:28/Lk 1:45/Lk 2:19/Lk 11:28

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Alleluia see Lk 1:28
Hail, Mary, full of grace, the Lord is with you; blessed are you among women.

Alleluia see Lk 1:45
Blessed are you, O Virgin Mary, who believed that what was spoken to you by the Lord would be fulfilled.

Alleluia see Lk 2:19
Blessed is the Virgin Mary who kept the word of God and pondered it in her heart.

Alleluia Lk 11:28
Blessed are those who hear the word of God and observe it.

Alleluia
Blessed are you, holy Virgin Mary, deserving of all praise; from you rose the sun of justice, Christ our God.

Alleluia
Blessed are you, O Virgin Mary; without dying you won the martyr's crown beneath the Cross of the Lord.